



PSHE

Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. We expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

DFE, 2020

Intent

At Emerson Valley School it is our intent that all children will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. At Emerson Valley School we offer a nurturing environment and give children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others. With strong emphasis on emotional literacy, decision-making, building resilience and nurturing mental and physical health, Jigsaw (the PSHE programme we use) encourages mutual respect, responsibility, self esteem and properly equips children with the tools they need to thrive as individuals, family members and members of our local community. The mindfulness approach allows children to advance their emotional awareness, concentration and focus.

Implementation

- PSHE is timetabled for an hour weekly.
- The whole school takes part in anti-bullying week.
- The Jigsaw New edition scheme is followed which is in line with the statutory changes to 'Relationships' for September 2020. It is separated into half-termly units: Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. These are taught at an age appropriate level.
- Our units are linked to safeguarding, the school values, British values, rights and responsibilities and well-being.
- 'Calm me' time used at the beginning of every PSHE lesson.
- British Value assemblies take place.
- NSPCC workshops held yearly for upper KS2.

Impact

Our PSHE Curriculum is a high quality, spiral, progressive and fully planned scheme of work, that properly equips teachers to deliver engaging and relevant PSHE within a whole-school approach. Children will demonstrate and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty. Children will become caring, respectful and confident individuals capable of making informed decisions. We believe that we prepare children for the next stage in their education as well as preparing them, during this vital stage of their life, for the adult world. By the time children leave our school they will: have a willingness and ability to try new things, push themselves and persevere; to have a good understanding of how to stay safe, healthy and develop good relationships; to have an appreciation of what it means to be a positive member of a diverse, multicultural society and to have a strong self-awareness, interlinked with compassion of others and mutual respect.