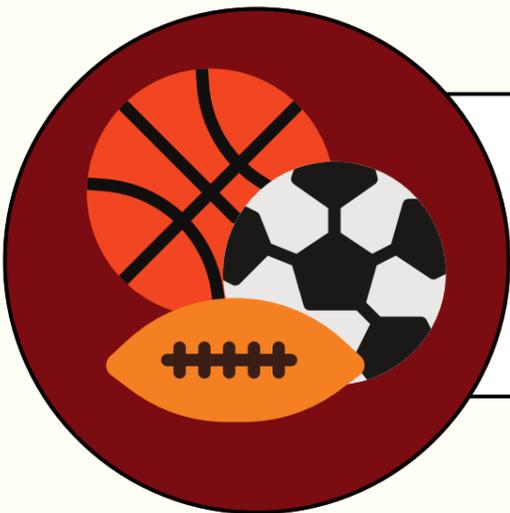


PE



“A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.”
National Curriculum 2014

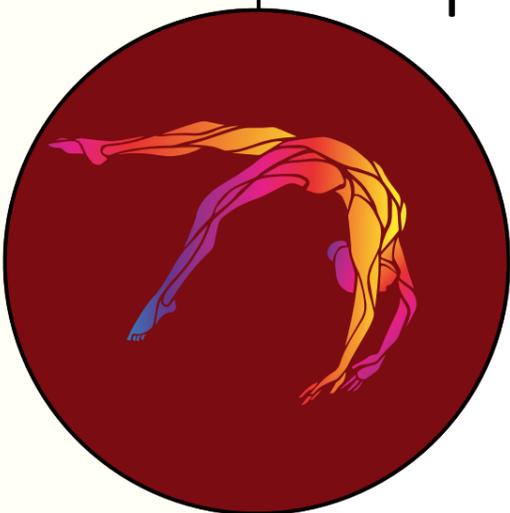
Intent

Emerson Valley School aims to provide a safe and supportive environment where experienced staff help children achieve their best physical and emotional development. The school emphasizes the importance of physical exercise for health, well-being, and personal growth. Students are encouraged to participate in sports and activities both in and outside school, including a swimming program to ensure competency in water. Clear pathways to local clubs promote a lifelong love for physical activity. Additionally, the school fosters teamwork, leadership, fairness, and cooperation to instill lifelong values.



Implementation

The program provides skilled staff to develop children's practical skills through PE, emphasising core values like passion, respect, and teamwork. Pupils receive two high-quality PE lessons weekly, covering various sports, gymnastics, dance, swimming, and outdoor activities. A structured long-term plan ensures alignment with the National Curriculum. The curriculum is enriched through inter-school competitions, festivals, and after-school clubs. Active learning is promoted beyond PE classes, including the Daily Mile initiative. Year 4 students swim weekly for at least six weeks, with additional support for Year 6 students to achieve a 25m swim before leaving school.



Impact

Children develop a strong understanding of a healthy lifestyle, progressing well and meeting set objectives. They eagerly participate in various sports activities, including after-school clubs and events. Every child is included in extracurricular sports, fostering motivation, responsibility, and leadership skills. They leave prepared to maintain a healthy, successful life with a positive mindset.

