

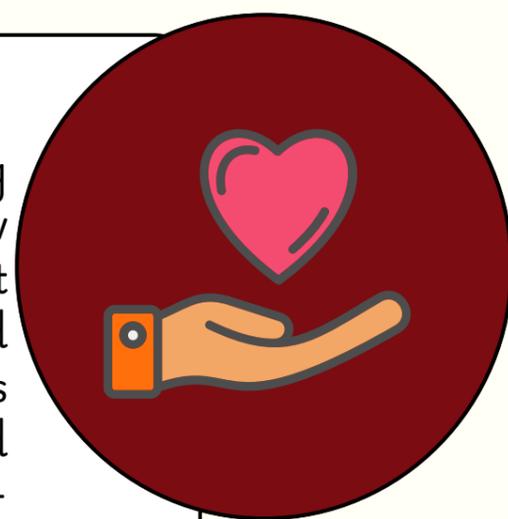
# PSHE



"Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. We expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions."  
DFE, 2020

## Intent

At Emerson Valley School, the goal is to help children become lifelong learners, confident in developing their skills and understanding in new situations. The school provides a nurturing environment with relevant learning experiences to help children navigate their world and build positive relationships. The PSHE program, Jigsaw, emphasises emotional literacy, decision-making, resilience, and mental and physical health, promoting mutual respect, responsibility, and self-esteem.



## Implementation

PSHE is taught for an hour each week, with the entire school participating in Anti-Bullying Week. The curriculum follows the Jigsaw New Edition scheme, aligned with the 2020 statutory changes to Relationships education. It includes half-termly units: Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships, and Changing Me, tailored to each age group. The units cover safeguarding, school values, British values, rights and responsibilities, and well-being. Each lesson starts with "Calm me" time. There are British Value assemblies and yearly NSPCC workshops for upper KS2 students.



## Impact

The PSHE curriculum aims to develop children into caring, respectful, and confident individuals who can make informed decisions. The curriculum prepares students for both their future education and the adult world, fostering qualities like resilience, an understanding of safety and health, the ability to form positive relationships, and an appreciation for diversity. By the time children leave, they will have a strong self-awareness and respect for others.

