



EMERSON VALLEY SCHOOL
Hodder Lane, Emerson Valley, Milton Keynes,
MK4 2JR

Telephone: 01908 507914

Email – office@emersonvalley.org.uk

www.emersonvalley.org.uk

Executive Headteacher: Mrs Hayley White
Chair of Governing Board: Mrs Ifrah Siddiqui

23rd April 2025

Year 4 Educational Visit to St Albans Cathedral

Dear Parents and Carers,

Within our history curriculum next half term, the Year 4 children will be studying 'The Ancient Vikings'. As part of this unit, the children will study who the Vikings were, what impact they had on Britain today as well as some of the key people that lead to bringing the Vikings to the shore of Britain.

The classes will be paired up and will visit St Albans Cathedral on different days:

4GB and 4LS- Thursday 19th June 2025

4CM and 4BM- Friday 27th June 2025

During our visit to St Albans Cathedral, the children will take part in a Viking Trail. This trail includes the Viking invasion of Britain and creation of Dane Law. The children get dressed up and create a role play of the Vikings attacking the monastery. They will also get to discuss the importance of evidence and get a chance to handle different artefacts. As well as this, the children will take part in a Viking food tasting. After the opening of the Viking monastery at St Albans in 793AD, the monastery kitchen would have been a busy and bustling hive of activity, creating food for monks and pilgrims alike. In this workshop the children learn about the food eaten in Viking times, before making Herb Butter and an Apricot Conserve.

Your child should bring their lunch with them in a rucksack. If your child normally has a hot dinner, these will be converted to packed lunches for this day and handed out on the morning of the trip. Children should also bring a drink and snack as usual and dress in their school uniforms.

The school trip will take place within school hours so normal pick-up routines apply. We ask for a contribution of **£15**, but if you would like to contribute more, it would be greatly appreciated. This cost covers entry to St Albans Cathedral, the workshops and the travel to and from the venue. Please complete the consent form and make payment via Arbor by **Friday 6th June 2025**.

Please note: We now use all information that we hold on Arbor for visits and outside events so please ensure this information is up to date.

Thank you in advance for your support.

Kind Regards,

Mr Gareth Bengier Year 4 Teacher

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